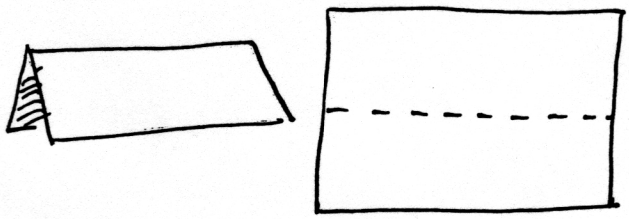
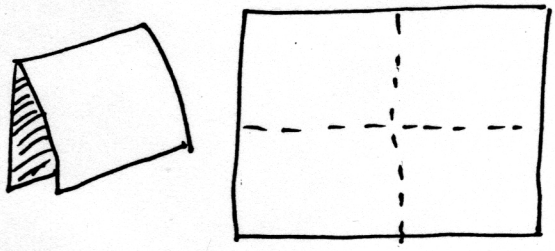
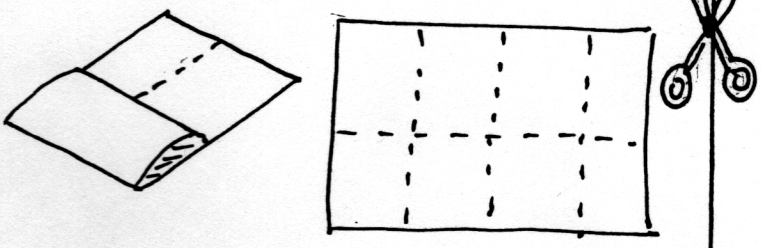
1) Fold in half, lengthwise



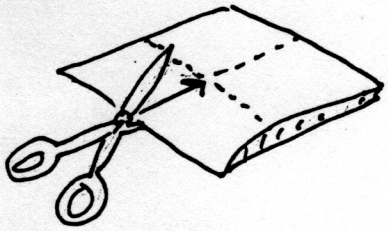
2) Unfold, turn, and fold in half, widthwise



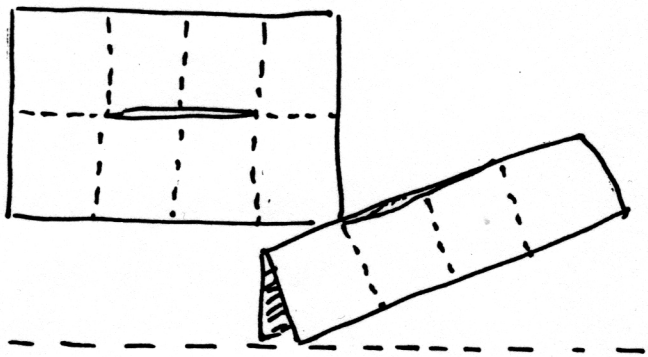
3) Unfold, and bring each end to the half-way fold, crease



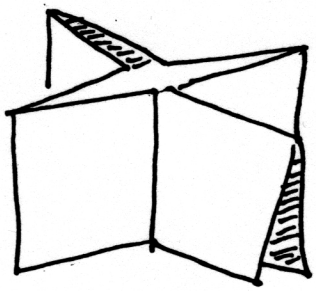
4) Fold in half (widthwise) and cut down one rectangle (because of fold, both sides will be cut)



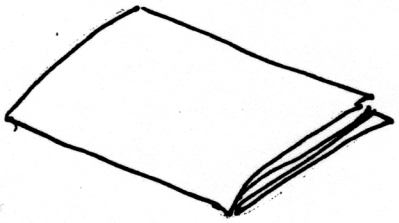
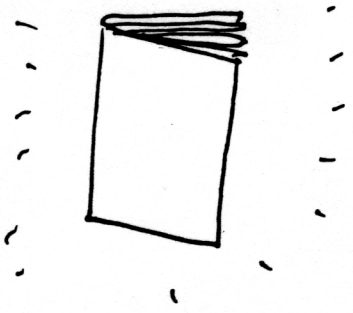
5) Open and fold lengthwise



6) Push ends together to make a four point "star", when looking down on it



7) Fold any two sides over to make book



8) Smooth all folds with your fingernail